

WESTMINSTER AT LAKE RIDGE

To: Residents and Employees
From: Paul Gregg
Date: August 19, 2021
RE: Delta Variant-Related Policy Changes

It is becoming apparent that the Delta variant has the ability to infect even vaccinated persons and be transmissible between vaccinated people. The CDC is reportedly prepared to recommend booster shots to people 8 months after their primary vaccination shots. This recommendation comes as new evidence suggests that protection from Pfizer and Moderna wanes sometime after the primary doses were administered.

Among vaccinated people, it appears that immunocompromised are at greatest risk, followed by older adults and people living with certain chronic conditions.

Recent developments call for a cautious, yet reasoned approach to interactions among our residents. Therefore, I am announcing the following steps we should all take to protect ourselves and our neighbors against potential spread within our community. **These changes are effective Thursday, August 19, 2021.**

Common areas- we will continue to require masks to be worn at all times while in common areas.

Group Activities (and Chapel)- Group activities will continue under the following conditions:

- All participants must wear masks at all times. A public speaker or performer who needs to remove a mask in order to be heard, can do so when they are distanced from others.
- Attendees should maintain appropriate physical distance from each other.
- Audience chairs will be placed at an appropriate distance from one another. Please be aware that capacity in rooms will be affected by spacing chairs.
- We will not allow visitors to indoor events until further notice.
- We will eliminate food and drinks at group functions in order to maintain masking.

Visitors to Independent living

- We will not allow visitors to indoor dining venues until further notice.
- We will not allow guests to indoor group events until further notice.
- Visitors should keep an appropriate distance at all times

- We strongly urge you and your guests to wear a mask during a visit regardless of vaccination status, particularly with school-age children.
- Overnight guests are allowed but guests must adhere to these guidelines.

Dining

- We will continue to serve meals in person and remove masks only when actively eating or drinking.
- No guests for indoor dining for the time being.
- Each person must weigh their own risk tolerance. If you are uncomfortable eating in public, as many are, then by all means you should get your meals “to-go”. The charge for deliveries will continue.

Transportation

- For Westminster-provided transportation, we ask that residents wear masks at all times and we will limit the occupancy to allow for proper distancing.

Fitness and Pool

- No visitors at this time.
- We ask that residents follow current sanitation guidelines and practice physical distancing.
- Masks are not required while actively exercising.
- Pool classes will continue.
- Fitness classes will continue with physical distancing.

Nursing and Assisted Living- Face shields are required for anyone entering the assisted living and nursing home levels of care.

Should the indicators of community spread increase, further steps may be needed to protect the health of the community.

We do not yet know the details of potential booster shot distribution but we will stay on top of this development.