

Courtyard Café

SAMPLE WEEKLY MENU



MONDAY

SOUP

Chicken Noodle

SALAD

Quinoa Vegetable Salad

VEGAN

Hummus and Vegetable Panini

HOT ENTREE

Chicken Parmesan w/Marinara Sauce and Spaghetti

TUESDAY

SOUP

Broccoli & Baked Potato

SALAD

Quinoa Vegetable Salad

VEGAN

Vegan Cheese Pesto and Spinach Sandwich

HOT ENTREE

Sweet and Sour Pork w/Fried Rice

WEDNESDAY

SOUP

New England Clam Chowder

SALAD

Loaded Potato Salad

VEGAN

Roast Tofu and Stuffing Panini w/Cranberry Relish

HOT ENTREE

Coconut Shrimp w/Orange Ginger Marmalade and Sweet Potato Tots

THURSDAY

SOUP

Leek and Potato

SALAD

Loaded Potato Salad

VEGAN

Three Bean and Quinoa Pattie on a Croissant

HOT ENTREE

Italian Meatballs w/Garlic Tomato Sauce and Garlic Bread

FRIDAY

SOUP

Sweet and Sour

SALAD

Waldorf and Walnut Salad

VEGAN

Grilled Portobello and Vegan Cheese

HOT ENTREE

Chicken Club Sandwich w/Sweet Potato Fries

SATURDAY

SOUP

Cream of Tomato

SALAD

Waldorf and Walnut Salad

VEGAN

Crispy Eggplant, Sandwich and Tomato Relish

HOT ENTREE

Beef Lasagna w/Broccoli

