

Marketplace

SAMPLE WEEKLY MENU



MONDAY

SOUP

Beef Barley Soup

SALAD

American Macaroni Salad

DELI

Combo Club

CHEFS TABLE

Roasted Turkey
Mashed Potatoes and Gravy
Sautéed Corn

TUESDAY

SOUP

Avgolemono Chicken Soup

SALAD

Chef Salad

DELI

Brie and Ham Sandwich

CHEFS TABLE

Potato Crusted Cod
Seasoned Basmati Rice
Steamed Carrots

WEDNESDAY

SOUP

Beef Chili

SALAD

Cucumber Tomato Parsley Salad

DELI

Turkey Burger

CHEFS TABLE

Quiche Lorraine
Garlic Potatoes
Roasted Eggplant and Vegetables

THURSDAY

SOUP

Lentil and Spinach Soup

SALAD

Walnut, Apple, and
Cranberry Salad

DELI

Italian Cold Cut Sub

CHEFS TABLE

Chicken Teriyaki Stir Fry
Jasmine Rice
Roasted Squash

FRIDAY

SOUP

Manhattan Clam Chowder

SALAD

Harvest Salad with
Pumpkin Vinaigrette

DELI

Grilled Eggplant with Mozzarella

CHEFS TABLE

Orange Beef
Herbed Noodles
Sautéed Broccoli

SATURDAY

SOUP

Vegetable Beef Soup

SALAD

Tuna Salad
Niçoise

DELI

Fried Fish Sandwich on Kaiser

CHEFS TABLE

Assorted Cheese Manicotti
Garlic Toasts
Asparagus, Pepper,
and Onion Medley

