

Bistro

SAMPLE WEEKLY MENU



MONDAY

SOUP

Potato Leek*

SALAD

Waldorf Salad

VEGAN

Plant Based Chicken Nuggets

HOT ENTREE

Salmon Cakes
or Chicken Kiev

TUESDAY

SOUP

Mushroom and Wild Rice*

SALAD

Spring Mix Salad

VEGAN

Vegetable Lasagna

HOT ENTREE

Thai Coconut Shrimp*
or Beef Lasagna

WEDNESDAY

SOUP

Red Pepper Gouda*

SALAD

Caesar Salad

VEGAN

Squash and Rice Casserole*

HOT ENTREE

Citric SeaBass*
or Pecan Pork*

THURSDAY

SOUP

Beef Vegetable*

SALAD

Mixed Greens Salad

VEGAN

Spinach and Feta Quiche

HOT ENTREE

Curry Chicken*
or Salisbury Steak

FRIDAY

SOUP

Chicken Noodle

SALAD

Sweet and Sour Cucumber Salad

VEGAN

Veggie Burger

HOT ENTREE

Poached Cod*
or Shepherd's Pie*

SATURDAY

SOUP

Mushroom Tomato Bisque

SALAD

Five Bean Salad*

VEGAN

Tofu and Broccoli*

HOT ENTREE

Pesto Chicken*
or Mac and Cheese w/Ham

