



A YEAR OF GROWTH AND GENEROSITY

INGLESIDE AT ROCK CREEK • WESTMINSTER AT LAKE RIDGE • INGLESIDE AT KING FARM



VISION, MISSION, AND VALUES

INGLESIDE VISION

Ingleside is a premier not-for-profit provider of services for older persons. Through our vibrant communities and our network of partners, Ingleside offers diverse, enriching opportunities for purposeful living, wellness and growth, in a fiscally responsible manner—to those within, and beyond, our campuses.

INGLESIDE MISSION

Ingleside provides strategic and operational leadership that enables our affiliates to excel in their missions.

INGLESIDE COMMUNITIES' MISSION

Ingleside at Rock Creek, Westminster at Lake Ridge, and Ingleside at King Farm excel in providing distinctive and sustainable residential settings where active seniors live in vibrant, caring, and spiritually rich communities, and where they can rely on continuing wellness and healthcare services for themselves and their neighbors.

WESTMINSTER INGLESIDE FOUNDATION MISSION

To serve the Ingleside at Rock Creek, Westminster at Lake Ridge, and Ingleside at King Farm retirement communities by raising charitable funds to help residents in need, enhance the quality of life for all residents, and build an endowment for the future.

INGLESIDE AT HOME'S MISSION

To foster our clients' ability to thrive and be independent by providing high quality, trusted, and customized home care services for seniors.

INGLESIDE VALUES

ACCOUNTABILITY

We take ownership of our actions and decisions.

RESPECT

As a spiritually rich organization we treat each other with integrity as we wish to be treated.

INNOVATION

We embrace and strive for creativity and change.

STEWARDSHIP

We are responsible and conscientious guardians of our resources and assets for the benefit of our residents and the larger community.

EXCELLENCE

We strive for the highest level of performance and satisfaction.

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LOOKING TOWARD THE FUTURE



Nancy Kuhn
BOARD CHAIR
INGLESIDE

In 2023, Ingleside celebrated 117 years of excellence in aging services. Yearly, Ingleside strives to balance the desires and expectations of those we serve now with planning for the desires and expectations of future residents, clients, and employees.

WHAT DID INGLESIDE ACCOMPLISH IN 2023 THAT BENEFITS THOSE SERVED TODAY?

Recruiting and retaining a talented, caring workforce is Ingleside's top strategic priority. In 2023, Ingleside advanced that priority by increasing its investment in employees. For example, the Westminster Ingleside Foundation awarded employees 81 total scholarships for professional development and citizenship, made possible by resident donations. For the fifth year in a row, Ingleside was certified as a Great Place to Work reflecting its exemplary workplace practices.

Excellence is both an Ingleside value and a strategic priority. Our commitment to excellence is demonstrated by our CARF reaccreditation in 2023. Accreditation is voluntary, consists of over 2,000 rigorous standards, and is the "Gold" standard for life plan communities. Ingleside's communities are among only 10% of the 2,000+ U.S. life plan communities that are CARF-accredited.

In 2023, Ingleside at Rock Creek (IRC) and Westminster at Lake Ridge (WLR) launched Ingleside Engaged, a social day program for individuals with cognitive impairment, serving both residents and the greater community. Ingleside Engaged debuted with the support and generosity of residents.



Lynn O'Connor
PRESIDENT AND CEO
INGLESIDE

Experience by Ingleside also launched, providing curated home services to those who want assistance with errands, home maintenance and chores, enabling them to remain at home for now, rather than moving to an Ingleside community.

HOW IS INGLESIDE FINANCIALLY STRONGER?

IRC, WLR, and Ingleside at King Farm's occupancies, all exceeding 90%, are at historic highs. This is a sign of healthy, vibrant communities that provide an array of innovative programs and services. Future residents and clients are referred to Ingleside by existing residents who "love" living in an Ingleside community.

WHAT MUST INGLESIDE PREPARE FOR AS IT LOOKS TO THE FUTURE?

To prepare for an aging population, Ingleside must:

- » Address the emergence of multiple competitors, competing for both residents and employees.
- » Continue to innovate, providing new offerings that expand Ingleside's brand and services.
- » Selectively grow its campuses; for example, WLR residents helped support a potential land purchase, enabling the community to continue to grow and thrive into the future.
- » Adapt to technological change through a comprehensive digital transformation plan that makes residents', clients' and employees' daily lives better.

Ingleside is doing all this and more, building for the next 117 years!

*“Since you get more joy out of giving joy to others,
you should put a good deal of thought into the
happiness that you are able to give.”*

ELEANOR ROOSEVELT

A word cloud graphic featuring various terms related to generosity and giving. The most prominent words are 'Generosity', 'Giving', 'Volunteer', 'Fundraising', 'Donate', 'Helping', 'Love', 'Growth', 'Time', 'Unselfish', 'Expansion', 'Success', 'Kindness', 'Goodwill', 'Compassion', 'Improvement', 'Charitable', and 'Goodness'. The words are arranged in a dense, overlapping pattern, with 'Generosity' and 'Giving' being the largest and most central.

BUILDING A BRIGHTER FUTURE



Janet Kelley
CHAIR
WESTMINSTER
INGLESIDE
FOUNDATION

As we reflect on the remarkable accomplishments of the past year, we are filled with gratitude and a deep sense of pride. This report, *A Year of Growth and Generosity*, celebrates your unwavering support of the Westminster Ingleside Foundation (WIF).

In 2023, thanks to the remarkable dedication of 707 donors, the Foundation exceeded expectations by securing an astounding \$3,380,437 in gifts. This not only surpassed our initial goal outlined in the 2023-2025 WIF Plan but also marked our second-best year in total giving and our best year in lifetime gifts.

One of the hallmarks of our philanthropic efforts is the Resident Supporting Fund, which provides crucial assistance to residents in need. In 2023, we were able to offer support to three residents, totaling \$194,062 in assistance, thanks to your generosity. Furthermore, with \$419,143 in new gifts, we have fortified the Resident Supporting Funds, ensuring the continuity of this essential program for years to come.

We are also thrilled to announce the establishment of the Gail and Dan Rubinfeld Endowment for Memory Support Programming at Ingleside at King Farm, which marks a significant milestone



Douglas C. Myers
PRESIDENT AND CEO
WESTMINSTER
INGLESIDE
FOUNDATION

for the Foundation. This endowment, the fifth endowment within the Foundation, will play a pivotal role in enhancing the quality of life for residents in need of memory support services, thanks to the Rubinfeld's visionary generosity.

Additionally, your commitment to our employees' professional development has been truly remarkable. In 2023, a total of 81 scholarships were awarded to Ingleside employees, totaling \$197,804. These scholarships not only empower our workforce but also reaffirm our commitment to fostering a culture of continuous learning and growth.

As you review the *Annual Report*, you will find inspiring stories that highlight the profound impact of your generosity on the lives of our residents and employees. From scholarship recipients pursuing their dreams to residents receiving vital support during challenging times, your contributions have made a tangible difference in countless lives.

On behalf of the entire board and staff of the Foundation, please accept our heartfelt gratitude for your unwavering support and commitment to our mission. Together, we will continue to transform lives and build a brighter future for generations to come.



PROFESSIONAL COLLEGE COACH OFFERS FREE ADVICE

Rita Kirshstein started a business more than 20 years ago to help break down barriers for those wanting to go to college. She was a first-generation college student, receiving her Bachelor's degree from Emory University and her Ph.D. from the University of Massachusetts, Amherst. Both degrees were in sociology.

Her college counseling business, College Connections LLC, was her side gig and passion. As part of her full-time job, she worked in research, focusing on higher education policy and evaluation of federal programs to assess equity issues. When she moved into Ingleside at Rock Creek (IRC), Kirshstein offered her expertise to Ingleside employees to help them advance their careers through college and career counseling.

TELL US ABOUT YOUR BACKGROUND AND CAREER COUNSELING FOR COLLEGE-BOUND STUDENTS.

It jumped off when my daughter was applying. She was in the class of 2000 and around that time I realized how much misinformation is out there. For most of my professional life, I worked in higher education researching who goes to college and the barriers for people not going. Soon after I created my company, I realized that people who really needed help the most were people who wouldn't be able to pay me or to pay anyone. I started volunteering with a DC college access program called College Bound. I did that for more than 10 years. I liked the feeling that I could expose people to schools and opportunities they hadn't thought of and see them find success doing what they wanted to be doing.

WHY DID YOU WANT TO OFFER COLLEGE COUNSELING SERVICES TO IRC EMPLOYEES AT NO COST?

I mentioned to someone at Ingleside that I had done college counseling, and I would work with employees and their kids and it took off from there. If I can expose someone to an opportunity that they weren't aware of or help them figure out what certificate program would be helpful, then it would mean the world to me. I'm working with someone now who is about to go off to a master's program in nursing. I had been working with her since I got here and was able to help her navigate the application process. It's incredible to see the reward of someone you're working with get into the program they want.

YOU HAVE ALSO MADE A CHARITABLE GIFT ANNUITY, WHY WAS IT IMPORTANT FOR YOU TO GIVE BACK TO IRC?

It was a way for us to use that money now and give back. IRC has been a wonderful community and I enjoy the many hobbies I get to do here. It's great to live and donate time and funds to a place that helps give back to the community. We truly get to enjoy our lives while helping others live theirs.



Ingleside at Rock Creek Launches Ingleside Engaged

Ingleside at Rock Creek (IRC) saw a need to support not only the residents but also the Greater Washington area community and their neighbors.

The Ingleside Engaged program is a social day program for those with mild cognitive impairment, providing a secure environment with trained staff, lunch, and activities for socializing and learning at IRC.

Donations from IRC residents and funds from the 2024 Gala helped launch this program, support the transformation of a new space, and activities like therapeutic music, movement, and indoor gardening.

Activities include workouts, news discussions, trivia, lunch, walks, brain games, musical performances, and talks. The program gives participants the chance to have social stimulation and physical exercise while offering caregivers a chance to relax with the peace of mind that their loved ones are safe, happy, and socially and intellectually engaged.



RESIDENTS START WEEKLY MUSIC PROGRAM

Ruth Cogen and Dick Hall both share a passion for live music. Shortly after they moved into Ingleside at Rock Creek (IRC) with their respective families, they started a project that quickly took off and is promoting quality live music. Cogen, one of the founders of Levine Music in DC, was excited to leverage her connections and passion for classical music to enhance IRC’s musical offerings.

“One of the first decisions we made was to have a program every week,” Hall said. “What we strive to provide is for residents to be able to stay within the community and easily attend a high-quality concert.”

The concerts feature a diverse lineup, from singers to violinists, pianists, and percussionists, encompassing classical, jazz, and various music styles. Musicians are drawn from across the region, including faculty from Levine Music and the Washington Conservatory of Music in DC, as well as solo artists and ensembles from other cities. The weekly events are highly popular, leading the Music Committee to initiate a sponsorship program. Sponsors contribute to the Westminster Ingleside Foundation to support musicians’ compensation and event promotion efforts.

WHAT MAKES THE PERFORMANCES BY THE MUSIC EDUCATION AND PROGRAMMING FUND SPECIAL?

Cogen: These are rising stars. We're interacting with the performers and our audience is very knowledgeable, they love hearing what the musicians have to play. They talk about the technique and history behind what they're playing. After the concert, people walk up to the stage, interact with them and the musicians say they like to play here as much as we love to hear them.

WHAT HAS BEEN THE REACTION OF GUESTS WHO HAVE ATTENDED?

Hall: One of my favorite quotes is from one resident who said that it brings to our community a 'bounteous wealth of culture.' And the outpouring of support has been incredible.

WHAT HAS STOOD OUT TO YOU AFTER THE FIRST YEAR OF THE PROGRAM?

Cogen: Research has been showing the importance of music in our everyday lives for brain and mental health for seniors and those over 50. We know that it has inspired some residents to pick up instruments again after not playing for years. IRC is set apart from many of the other senior communities because we have made this extraordinary commitment to music performance and musical education.

WHAT ROLE HAS MUSIC PLAYED IN YOUR LIFE?

Hall: I've always believed that music education is an important part of growing as a person and you can do that your whole life. What we strive to provide is for residents to be able to stay within the community and easily attend a high-quality concert. Our big challenge is that we know that we are as good as our last concert, so we always feel the pressure to keep the quality of music high.



IRC Blanket Drive Brings Comfort and Warmth to Area Homeless

For almost 10 years, Larry Wilson, an environmental services technician, has been helping to keep the homeless warm with a blanket drive at Ingleside at Rock Creek (IRC).

With over 20 years at Ingleside, Larry and his friends collect blankets and distribute them to people on the streets of DC. Residents and staff at IRC generously donate to the blanket drive, which Larry and his team then deliver to local homeless groups and camps.

Larry has made this blanket drive an annual tradition at IRC. Over the years, Larry has lost count of how many people the blanket drive has helped but we can all be inspired by his caring spirit.



RESIDENT DONATES TO INGLESIDE ENGAGED IN HONOR OF HIS WIFE

James (Jim) Ford, 86, and his wife Linda, 81, moved into Westminster at Lake Ridge (WLR) in January of 2017. Jim had a professional Army career for 30 years, which included Army and Joint Staff assignments in the Pentagon, as well as overseas duty in Germany, Austria as Defense and Army Attache at the US Embassy, and Vietnam. He then worked for the Department of Energy for eight years.

They made the decision to move into WLR when Linda was diagnosed with Alzheimer's Disease. Jim said that it was the size and beauty of the community that really caught his eye and made the decision easy.

“There is an overall sense of community and wanting to help each other out,” Jim said.

Jim hired a companion to help during the day when Linda lived with him for the first two years of their moving to WLR. When he saw that Ingleside Engaged was being created, Jim said he wanted to give back so that others can have help when their loved one is going through cognitive impairment.

WHY WAS IT IMPORTANT FOR YOU TO DONATE TO BENEFIT INGLESIDE ENGAGED AT WESTMINSTER AT LAKE RIDGE?

Because of my wife's Alzheimer's Disease, I wanted to do something for other people going through the same thing. When Ingleside Engaged was set up, I thought this is an opportunity to give back and help people who are fighting the same thing my wife is. I was motivated purely because of my love of her and my passion for wanting to help others.

I gave a donation from my IRA distribution. I felt that was a good way to do it. It was an easy way to support the newly founded program.

When Linda was with me, I had a companion with her several hours a day, and they did things like Ingleside Engaged does: took walks around the campus, socialized with residents, and enjoyed lunch in the bistro. I think it is wonderful that we have such a program here, and that caregivers don't have to look for a companion for their loved one. It's all right here. I wish I had had this when my wife needed it. But since I didn't, I thought that at least I could make it available to others.

WHAT IS THE BEST PART OF SEEING THE IMPACT YOUR GIFT HAS ON THE COMMUNITY?

To see the participation of others here at WLR who are facing Alzheimer's or other dementia. We have a number of participants. I met with the director and was told that when participants first come, they are somewhat reticent. Then, after a couple of weeks in the program, they become very social with the others there and engage readily with the activities. They eat together in the bistro, do art projects, games and other things that are important for the mind. There are a number of people who need the program and are engaged in it, and whose caregivers are appreciative of the program. That makes me feel grateful.



Helping Students With Reading at Rockledge Elementary School

On the first and third Thursday of each month from October through May, a group of residents from Westminster at Lake Ridge (WLR) get on a WLR bus and head over to Rockledge Elementary School in Woodbridge, Virginia, to help students with their reading.

"It's incredible to be able to know you're helping to make a difference," said Carol Beasley, a former nurse who volunteers at the school.

She said she looks forward to the visits and it's amazing to see the progress the kids make after their sessions.

"Rockledge thinks we make a big difference having people sit down and work with them in small groups," she said.

The volunteers raise money and collect school supplies for the school each summer and deliver them in August which furthers their impact with the students.



49 RESIDENTS JOIN TOGETHER TO PURCHASE LAND

When Jim George and his wife, Juliette moved into Westminster at Lake Ridge (WLR) in 2020, they were impressed by the entry with the main signage posted in front of serene wooded vacant land.

“We learned from neighbors that there was a hearing in Prince William County dealing with the zoning of that land,” Jim said. “The church located across the street from our entry owned the land and they were about to sell it to a developer to build multi-unit apartments, but the land was zoned agricultural rather than residential.”

As Finance Committee Chair, Jim was informed of the lack of progress that was being made by the builder, and when the developer stopped trying to buy the land, WLR leadership and the ad hoc land committee had the idea for WLR residents to step in to help finance the purchase.

“The land became available and the church said, ‘Okay, if you guys don’t want someone else to come in there we’ll let you buy it’ and I thought it was the perfect chance for future growth,” Jim said.

In total, 49 residents donated to the campaign to help purchase the land for WLR’s future.

WHY WAS IT IMPORTANT FOR RESIDENTS TO HELP WITH THE PURCHASE OF THE LAND?

I think most people had the same idea. The topology of the land is such that there could be a water problem if not properly managed. If we purchased that land, that's an opportunity to design the land that ensures that there will not be a future runoff issue. As residents we saw the purchase of the land as a way to protect ourselves and as a way to promote and ensure future growth here.

HOW DID THIS GROUP OF RESIDENTS FORM?

It was informal at first. There was a couple right up the street from us in our little quad who took the lead in fighting the zoning that the developer wanted to have changed. We all had the same idea and focus for space, so it was natural that we came together for the land. Our first objective was to protect the community and second, what do we do with it?

WHAT ARE YOU MOST EXCITED TO SEE WITH THE GROWTH OF WESTMINSTER AT LAKE RIDGE?

I'm most excited to see the structure, the landscaping, and the water management because it is on a hill and there needs to be some special design around that. I'm looking forward to seeing the final rendering of that. It's going to be incredible to see it all come together. It's going to be the entire community and that requires movement and it's going to take some time to do the building. But just to even see the final renderings...I'm excited about that. It makes you feel good. Participating in progress in your community and making it a better place is a good feeling.



AMY HEWES

Organizers Talk About the Impact of the Ingleside Engaged Program

The opening of Ingleside Engaged not only brings new hope and opportunity for those with dementia and their families, but it also gives employees at Westminster at Lake Ridge (WLR) a chance to make a difference for those with cognitive impairment.

Kera Wooten, WLR Executive Director, and Amy Hewes, Director of Memory Support Services and Programming, said they are thrilled that the program has launched and is helping residents, their families, and the external community.

“The program has brought awareness about memory concerns with seniors. It has also provided volunteer opportunities for the Independent Living residents,” Wooten said.

Hewes said that Ingleside Engaged is a community builder. “The members of Ingleside Engaged, their spouses and families, and our volunteers and staff make up what feels like a family. Everyone looks out for each other during the program and the rest of the day, too.”



SPECIALIZED HEALTHCARE TRAINING FUND ESTABLISHED

A new fund at Ingleside at King Farm (IKF) will help healthcare employees receive education on person-centered care initiatives that focus on residents' holistic needs and care preferences, consistent with their lifestyles. The emphasis is on relationships rather than task-centered approaches. Helen Smits and Roger LeCompte helped establish the Healthcare Center Employee Development Fund through IRA legacy gifts.

Smits, 87, is a doctor and was the first female chief resident at University of Pennsylvania Hospital and the first woman to chair the Joint Commission on Accreditation of Healthcare Organizations. She and her husband lived in Africa for three years after retirement, working with the Clinton Foundation to help provide AIDS treatment.

She said she's hopeful that the new fund will help both future residents and employees.

HOW DID THE IDEA OF CREATING THE HEALTHCARE CENTER EMPLOYEE DEVELOPMENT FUND COME TO YOU?

I've been here for eight years, including before and throughout COVID, and I've seen the opportunity for changes in the focus of care that will help both residents and employees. It would be great to help the employees receive education in person-centered care and work with the residents to find the best balance for everyone on timing and manner of treatment.

WHY IS IT IMPORTANT TO THE IKF COMMUNITY AND EMPLOYEES TO FOCUS ON PERSON-CENTERED CARE AND CULTURE CHANGE INITIATIVES?

Person-centered care really changes how you think about care and helps with the decision-making process over timing on things like meals and medication. It also will help the nursing assistants and employees as they would be better empowered to know what works best for everyone.

WHAT WOULD YOU SAY TO OTHER POTENTIAL DONORS WHO ARE INTERESTED IN MAKING A GIFT?

It will change the lives of people who are there now and it may change your life if you need the extra support of assisted living.



Trailblazer Dedicates Time to Helping the Next Generation of Community Leaders

Ingleside at King Farm (IKF) resident Dr. Alan Cheung, 87, was the first Asian American elected to the Montgomery County Board of Education 34 years ago. He then went on to be elected by his peers as the first person from any minority group to become president of the board.

He has a scholarship named after him through the Chinese American Parent Association of Montgomery County. Ten students each year receive the scholarship as well as two to three student clubs.

Cheung said he's honored to be able to help those students looking to make a difference and to pass on his experiences.

"I want to promote great leadership, community service, and great ethical moral values for our country," he said.

"I'm always thinking about the big picture for my children and grandchildren," he said. "Because the world nowadays is changing very very fast, and I know the importance of education."



ANONYMOUS GIFT TO MEMORY SUPPORT ASSISTED LIVING AIDS FAMILIES

After spending time with a loved one at the Memory Support Assisted Living (MSAL) neighborhood at Ingleside at King Farm (IKF), a resident, who wishes to remain anonymous, wanted to give back to families, staff, and residents after their family member passed.

The gift hopes to provide IKF Memory Support Assisted Living an enhanced porch to benefit everyone working and visiting the neighborhood.

WHAT INSPIRED YOU TO MAKE THE GIFT?

I had a loved one (and friends) living in IKF's Memory Support Assisted Living neighborhood and I would visit them often. Sometimes we would go to the porch area, but it was not a comfortable place for people to gather. The porches on each floor had thick fencing on the windows, rough concrete flooring, bare brick walls, poor lighting, etc., all of which made them less than inviting. I had been looking for ways to make significant contributions to life at IKF, and when this opportunity was presented to me, I readily agreed.

HOW DO YOU ENVISION FAMILIES USING THIS FUTURE SPACE?

I think it can be used as a comfortable meeting place for family members to relax with their loved ones, perhaps to share a special meal, celebrate a birthday, or just to chat. It will have more privacy and intimacy than the common areas on each floor, and will be more spacious than residents' rooms.

WHAT IS THE BENEFIT FOR RESIDENTS AND/OR STAFF?

I hope residents will be more inclined to use those areas if they are more inviting and comfortable. Maybe they will be used as places of relative solitude for enjoying the feeling of being more connected to the outside world.

WHAT IS THE BENEFIT TO PROGRAMMING?

Because the porches are somewhat separate from the common areas and relatively soundproof, they might be ideal places for certain kinds of enrichment activities that might not appeal to, or be appropriate for, all residents. It's hard to say what those might be (games for small groups, perhaps, or maybe puzzles or projects that might need to stay on a table for more than a couple of hours), but it will be interesting to see what develops over time.



Residents Fund Dance, Art, and Music Therapy Programs With Endowment

Gail and Dan Rubinfeld arrived at Ingleside at King Farm (IKF) in 2020 and soon after started giving back to the community. In 2023, the couple created an endowment that will provide perpetual funding for enrichment programs in Memory Support Assisted Living (MSAL).

The Rubinfeld's established the Memory Support Assisted Living Activities Fund, which provided enhanced programming to memory support residents, including the introduction of horticulture therapy, which brings weekly indoor gardening to the neighborhood. They provided a second gift in 2023 that expanded that impact and funded a therapeutic program in skilled nursing.

Doug Myers, President and CEO, Westminster Ingleside Foundation noted, "The newly established Rubinfeld Endowment assures forever funding for enriched programming for those served in MSAL. We are so grateful for this leadership gift that benefits residents, families, and the employees who serve them."

SCHOLARSHIP STORIES



BARBARA BUTUNGI
Ingleside at King Farm

While growing up in Uganda, Barbara Butungi lost her siblings in the war due to illness and was inspired to become a healthcare worker and help others.

She came to Ingleside at King Farm eight years ago as a volunteer in skilled nursing. Then, six months later, she became a nursing assistant and enrolled in school to become a licensed practical nurse.

“I decided to work hard and join the nursing profession so I could acquire skills and accumulate money that I could use to set up a simple training facility for health care givers/workers in my community. With my little savings, I have so far been able to buy a piece of land where this facility is going to be set up,” she said.

Butungi said she learned about the Employee Education and Citizenship Fund through a human resource manager at Ingleside.

“Helping others and bringing joy to their lives is an accomplishment anyone can feel proud of,” she said.

She was thrilled to receive the scholarship and used it to obtain her LPN.

“I was really overjoyed when I got the good news about receiving an award, a miracle I had been longing for. Before starting the nursing program, I was really worried that I would struggle financially. The scholarship has been very helpful. It helped me focus, gave me confidence and a sense of belonging.”



PHILIP HARRIS
Westminster at Lake Ridge

Property management is all in the family for Philip Harris. He grew up in the business and said it was an easy choice for him to go into the field.

“It has just always been natural for me to fix things,” Harris said.

In 2023, he received the Kreider Professional Development Award from the Westminster Ingleside Foundation to help obtain his Virginia State Home Inspector license.

“It definitely helps me in what I do around here on a daily basis,” Harris said. “As one of the lead property managers, it’s important that I know the updated building codes and this license ensures that happens.”

Philip grew up in the area and his goal is to stay in Northern Virginia, so he’s grateful that the award gives him the opportunity to advance his education and continue working at Westminster at Lake Ridge.

“Westminster at Lake Ridge is very welcoming and everyone has nice things to say. There is always a ‘thank you’ and ‘please’ here and the atmosphere is something to treasure,” he said.



JUDITH KANYEGIRIRE
Ingleside at Home

Without an employee award she received in 2022 from Ingleside, Judith Kanyeirire, a Certified Nursing Assistant with Ingleside at Home at Ingleside at King

Farm (IKF), says she would not have been able to further her education.

She recently used the funds to obtain her Licensed Practical Nurse (LPN) license.

“I am beyond grateful for the recognition and for receiving this award. It’s a true testament of the support I received from Ingleside at King Farm,” Kanyeirire said.

Kanyeirire said that her goal was to stay working at Ingleside, so she was thrilled that the funds gave her the opportunity to further her education while still keeping her current position.

She wishes to stay at Ingleside in an LPN position in the future.

“I’m so thankful to Ingleside for the opportunity to go back to school and I hope that they continue this assistance to help other employees who would like to go back to school but don’t have the finances to do so,” she said.



TAMARA PINNOCK
Ingleside at Rock Creek

About five years ago, Tamara Pinnock started working as a dining supervisor at Ingleside at Rock Creek. She greatly enjoyed working at Ingleside but needed to

change hours once she had her son four years ago, so she got a job as an activity assistant.

The Ingleside at Rock Creek Employee Education and Citizenship Program gave her the opportunity to complete a Director of Activity course and now, the fund is helping her to pursue a bachelor’s degree in Health Information Management.

“It will definitely enhance my life and the life of my family,” Pinnock said.

And it’s all in the family: Her mom works as a CNA at Ingleside and her dad is a chef. She said she’s incredibly grateful for the residents and their donations to help her achieve her dreams of advancing in her career at Ingleside.

“I am eternally grateful,” said Pinnock. “I can’t wait a short time from now to be able to say this is where I started, and this is where I am in my career thanks to the funds and the wonderful residents here.”

LIVING LEGACY RECEPTIONS

Westminster Ingleside Foundation annually recognizes members of the Living Legacy Society for their generosity and commitment. These events honor leadership donors who have made a lifetime gift or made provisions in their estate with commitments of \$25,000 or more. Through their support, they assure the future mission of Ingleside at Rock Creek, Westminster at Lake Ridge, and Ingleside at King Farm.



Mark Eisner, Paula Eisner, Esther Bushman, Carl Mintz



Linda Hunter



Lee Samuelson, Richard Strange, Erwin Zeuschner, Cathy Wright



Dorothy Haase, Bob Bremner, Lee Rubenstein, Trina Rubenstein, Eva Meigher



Laura Marling and Lynn O'Connor



Dick Stohr, Tom and Cathy Campagna, Barbara Marr



Kera Wooten, Dori and John Grosskopf, Gary and Peggy Cecchine



Jim George, Byron Martin, Judy George



Toni and Hans Schierling



Doug Myers, Janet and Don Boardman, Kate Kavitski



Ed Balkovich, Judy Hartung, Peggy Adams



Clifford and Lydia Hudsick

WESTMINSTER INGLESIDE FOUNDATION GIFT INCOME (2022 AND 2023)

	2022	2023
WESTMINSTER INGLESIDE FOUNDATION	\$245,311	\$192,214
INGLESIDE AT ROCK CREEK		
Resident Supporting Fund	25,666	68,908
Present Value Adjustments	(265,946)	(180,394)
Other Restricted	1,184,383	256,991
Unrestricted	504,301	558,601
Permanently Restricted (Endowment)	217,276	-
Total IRC Giving	\$1,665,681	\$704,106
WESTMINSTER AT LAKE RIDGE		
Resident Supporting Fund	\$181,460	\$154,904
Present Value Adjustments	(72,895)	(14,024)
Other Restricted	62,087	560,603
Unrestricted	24,645	149,176
Permanently Restricted (Endowment)	21,463	12,483
Total WLR Giving	\$216,761	\$863,142
INGLESIDE AT KING FARM		
Resident Supporting Fund	\$171,972	\$195,331
Present Value Adjustments	(162,943)	(120,427)
Other Restricted	347,405	296,729
Unrestricted	151,231	200,357
Permanently Restricted (Endowment)	120,300	1,048,985
Total IKF Giving	\$627,964	\$1,620,975
Total Foundation Giving	\$2,755,717	\$3,380,437

WESTMINSTER INGLESIDE FOUNDATION

BALANCE SHEET (2022 AND 2023)

	2022	2023
ASSETS		
Cash and cash equivalents	\$1,193,764	\$1,001,667
Current portion of contributions receivable	174,518	282,307
Prepaid expenses	9,820	10,861
Due from affiliates, net	-	-
CONTRIBUTIONS RECEIVABLE, NET	19,340	168,872
INVESTMENTS	14,125,234	15,790,038
INVESTMENTS RESTRICTED BY AGREEMENTS	9,206,579	12,203,224
EQUIPMENT, NET	-	-
OTHER ASSETS	26,605	26,605
Total assets	\$24,755,860	\$29,483,574
LIABILITIES		
Accounts payable	\$15,895	\$60,044
Current portion of gift annuities	515,000	605,000
Due to affiliates, net	105,590	91,424
GIFT ANNUITIES PAYABLE, NET	5,194,780	5,750,294
Total liabilities	5,831,265	6,506,762
NET ASSETS (DEFICIT)		
Without donor restrictions	539,003	353,101
With donor restrictions:		
Purpose restricted	15,286,465	18,463,116
Restricted in perpetuity	3,099,127	4,160,595
Total net assets with donor restrictions	18,385,592	22,623,711
Total net assets	18,924,595	22,976,812
Total liabilities and net assets	\$24,755,860	\$29,483,574

2023 COMMUNITY PARTNERS

Action in Community Through Service (ACTS)
Adventures in Scriptures
Alzheimer's Association
Alzheimer's Walk
American Citizens of Taiwan Origin
The Arc of Greater Prince William
Baltimore Symphony Orchestra
Bethesda Chamber of Commerce
Big Kite Festival Meeting for National Mall
Boy Scout Troop 1760
Capital PC User Group
Catholic Relief Services
Children Choir
City of Rockville
Classical Guitar by Chris Moy
Clothing Drive
Coalition for the Homeless
Coat Drive for Montgomery County Crisis Center
Commission on Health
Community Children's Ministry
Community Movie in King Farm
Compassion and Choices
Diabetes Self Management Program
Donation to Habitat Restore
Drug Take Back Day
Early Stage Memory Support Group
Eldergrow
Exploring Park Service Museums
Friday Morning Music Club
Gaithersburg High School
Goddard School
GROWS
Habitat for Humanity Restore
Head Injury Rehabilitation Center
Heart of Maryland Chorus
Hevrat Shalom
Home School Talents
Howard County Community College
Huayan Chinese Academy
Ingleside Health Care Academy Class
Ingleside Shares
Interfaith Clothing Center
Interfaith LAYETTES
Interfaith Women's Shelter
Intergeneration Women's Lunch
Japanese Children's Chorus
JCA Beginning Dementia and Care Givers Support Group
JSSA Services
Jewish Bible Study
Jewish Liturgy Class
John Hopkins University
King Farm Citizens Assembly
Kuehner House

Leading Age (DC, VA, MD)
Learning Ally
Link Generations
Lions Club International
Lorton Workhouse
Manna Food Center
Marine Corps Service Organization
Maryland Activity Coordinator Society
Maryland University Staff Intern
Memory Café Alzheimers Walk
Mom's Club
Montgomery Village Chiefs Football Team
Montgomery College Life Long Learning
Montgomery County Media Intergenerational Program
Montgomery County Public Schools
National Association for Children of Alcoholics
National Memory Screening Day
National Philharmonic at Strathmore
National Senior Health and Fitness Day
Osher Lifelong Learning Institute
Overeaters Anonymous
Parkinson's Support Group
Parkinson's Walk
Piano Recital Students of Amy Zhang
Planning for Senior Life
Potomac Chamber of Commerce
Recycling Day
RN to BSN Internship
Rockledge Elementary School
Rockville Chamber of Commerce
Rockville Senior Center Memory Café
Some Others Might Eat (SOME)
Saint John Newman Church
Scotland Storm Volunteers
Senior Leadership Volunteer Service Day
SERVE Food Pantry
Shepard's Table
Social Outreach Committee
St. Mark Presbyterian Church
St. Paul Methodist Penny Pantry
Stepping Stones Shelter
Streetlight Ministries
Suzuki Music School
Technology Wednesdays
Temple Sinai
Toys for Tots
UMBC
Unity Church of Gaithersburg
University of Maryland Internship
University of Maryland Music School
Wellness Fair
Widowed Persons Organization
Ya-Yin Chorus

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We give thanks to all those who have contributed to the Westminster Ingleside Foundation in 2023. These donors have made a difference in the lives of the people we support through their gifts to the Resident Supporting Funds, Employee Scholarship Endowment Funds, Restricted Funds, and unrestricted gifts. We apologize if we have omitted any supporters or listed anyone incorrectly.

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Fran Stockdale

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Marie Schwartz

JOAN B. WINKLARETH

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ROBERT AND JOAN WINKLARETH

Marilyn Zett

FROIMLEE "SCOTTY" WIRTZMAN

Fran Stockdale

ANNE T. WISHARD

Mary and Vance Johnson

Fran Stockdale

2023 LIVING LEGACY SOCIETY

The Living Legacy Society of Westminster Ingleside Foundation is made up of individuals who have made a significant one-time gift or a planned gift from the assets of their estate to benefit the mission of our communities.

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**In loving memory as of 2/28/2024.*

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Executive Assistant to the COO
Cody Christian
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Director of Health Informatics
Ingleside
Patricia Thompson
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Administrator and Director
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Denise Dagdagan
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Love Generosity Donate
Success Growth Donate Time Kindness
Love Fundraising Time Goodwill
Expansion Volunteer Fundraising Love Goodness
Unselfish Giving Success Improvement
Expansion Volunteer Time
Philanthropy Giving Improvement
Giving Time Helping Unselfish
Goodness Growth



**WESTMINSTER
INGLESIDE**
FOUNDATION
ENGAGED GIVING

2275 RESEARCH BOULEVARD, SUITE 450
ROCKVILLE, MD 20850
301-407-2030
WWW.GIVETOWIF.ORG