



































MARKETPLACE CAFÉ

Ingleside at Rock Creek

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST: 8:00–10:00 AM LUNCH: 11:30 AM–2:00 PM DINNER: 4:30–7:00 PM					
BREAKFAST Breakfast Sandwiches Assorted Pastries SOUP Cream of Vegetable Soup SALADS Side Garden Salad  Chicken Caesar Salad Southwest Salmon Kale Salad  ENTREES Roast Turkey Breast with Poultry Gravy Smothered Pork with Brown Gravy SIDES Mashed Potatoes  Roasted Balsamic Brussel Sprouts Dessert Assorted Sweets	BREAKFAST Breakfast Sandwiches Assorted Pastries SOUP Tomato Soup  SALADS Side Garden Salad  Chicken Caesar Salad Southwest Salmon Kale Salad  ENTREES Huli Huli Chicken Grilled Wild Salmon SIDES Couscous Primavera Citrus Basil Roasted Vegetables   Dessert Assorted Sweets	BREAKFAST Breakfast Sandwiches Assorted Pastries SOUP LS Chicken Noodle Soup  SALADS Side Garden Salad  Chicken Caesar Salad Southwest Salmon Kale Salad  ENTREES Lemongrass Tofu Stir Fry Salisbury Steak SIDES Smashed Red Potatoes  Peas & Pearl Onions   Dessert Assorted Sweets	BREAKFAST Breakfast Sandwiches Assorted Pastries SOUP Navy Bean Soup   SALADS Side Garden Salad  Chicken Caesar Salad Southwest Salmon Kale Salad  ENTREES Mediterranean Tortellini   Lemon Pepper Chicken Thigh SIDES Brown Rice & Barley Pilaf Sautéed Kale   Dessert Assorted Sweets	BREAKFAST Breakfast Sandwiches Assorted Pastries SOUP Chunky Vegetable Orzo Soup   SALADS Side Garden Salad  Chicken Caesar Salad Southwest Salmon Kale Salad  ENTREES Salmon Tzatziki Burger Brazilian Rice & Tofu Bowl SIDES Roasted Potato Wedges   Sliced Beets Dessert Assorted Sweets	BREAKFAST Breakfast Sandwiches Assorted Pastries SOUP Low Sodium Chicken Vegetable Soup  SALADS Side Garden Salad  Chicken Caesar Salad Southwest Salmon Kale Salad  ENTREES Steakhouse Salad Roasted Vegetable Frittata SIDES Crisp Baguette  Roasted Zucchini   Dessert Assorted Sweets